A food lover's guide to Canada

YUKON
Yukon's food is diverse. Regional specialties include: moose, dall sheep, mountain goat, caribou, porcupine, Arctic grayling, trout, Kokanee salmon, Alaskan king crab and halibut.

NORTHWEST TERRITORIES
The Northwest Territories has its own food guide, featuring foods in each food group that are easily found in the north, like caribou, duck, organ meats, bannock and wild greens.

NUNAVUT
Nunavut's pink coldwater shrimp is one of the most in-demand species of shrimp in the world. About 140,000 metric tonnes of northern shrimp are caught each year in Nunavut.

BRITISH COLUMBIA
produces 95 per cent of Canada's cultivated blueberries.

ALBERTA
is responsible for 60 per cent of Canada's beef production.

SASKATCHEWAN
affectionately referred to as Canada's breadbasket, produces over 54 per cent of Canada's wheat, and over 28 per cent of Canada's grains.

MANITOBA
produces close to 57 per cent of Canada's dry bean crop, like navy, pinto, black, red Mexican and red kidney beans.

ONTARIO
produces 85 per cent of Canada's domestic wines.

QUEBEC
is responsible for 90 per cent of Canada's maple syrup production.

Cheers!